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## Strategies to Grow and Expand a Nonprofit Business

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#### Abstract

Nonprofit organizations make significant contributions to individuals, organizations, communities, the environment, and societies, but many do not survive in the long run. This study is important to business leaders in forprofit and nonprofit organizations who want to implement strategies for the long-term survival of their business, improve business performance, and effect positive social change. Grounded in Penrose's theory of growth, the purpose of this qualitative single-case study was to explore strategies leaders used to grow and expand a nonprofit business in the midwestern region of the United States. The participants comprised 5 nonprofit leaders with recorded success at growing and expanding their business. Data were collected from semistructured interviews and document reviews involving the governance system, programs, strategies, operations, partners, and budget. Thematic analysis was used to analyze the data. Four themes emerged: strategic planning cycle, effective fundraising planning and strategy, resource and financial assessment, and team development and positive working conditions. A key recommendation includes that nonprofit leaders seeking growth and expansion engage in effective strategic planning. The implications for positive social change include the potential for leaders of nonprofit organizations to provide growth and expansion strategies to increase their organizations' capacity for positively transforming communities by maintaining or improving available opportunities and services.

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### 1. Strategies to Grow and Expand a Nonprofit Business

Nonprofit organizations are civil society actors because of their roles in policy making, innovation, cost effectiveness, their ability to work with local communities, and the public benefits they offer (Appe, 2019). Stork and Woodilla (2008) noted that nonprofit organizations experienced explosive growth in total organizations, employment, revenues, organizational mix, and assets with registration that grew by 30% to 1,409,628 between 1996 and 2006. There are many challenges associated with the operations of nonprofit business. Kim, Charles, and PettiJohn (2019) identified two key challenges associated with the performance management of nonprofit organizations, which are lack of resources and lack of analytical capacity, while lack of support from the board of directors is considered as a low issue. Kim et al. highlighted that nonprofit leaders do not fully understand what to measure and how to generate insights from the results because performance management has become very complex. The use of performance management data is very important for the growth and expansion of nonprofit business.

#### Keywords:

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Business growth Business expansion Business growth Expansion Penrose theory of growth Penrose Nonprofit business or organization.

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Received: 12 May 2020 Revised: 10 June 2020 Accepted: 14 July 2020 Published: 17 August 2020 A significant percentage of small- and medium-sized enterprises go out of business within 5 years of establishment (Ifekwem & Adedamola, 2016). Fifty percent of the nonprofit businesses in the United States cease operations in fewer than 5 years (U. S. Small Business Administration (SBA), 2018). The general business problem is that some leaders of small and medium-sized nonprofit enterprises lack effective strategies to help ensure sustainable growth and expansion. The specific business problem is that some leaders of nonprofit enterprises lack effective strategies to grow and expand their business. The data from this study might provide some supporting evidences that will indicate the immense benefits associated with the growth and expansion of a nonprofit business.

### 2. A Review of the Professional and Academic Literature

The literature review is a critical component of a research study that a researcher uses to support relevant topic with current knowledge that is associated with the topic (Marshall & Rossman, 2016). I organized the literature review relevant to themes related to the conceptual framework of the theory of growth of firms which are the human motivation and economic principles' concepts of the theory, and information related to small businesses. I gathered scholarly literature from various sources, such as Google Scholar, ScienceDirect, ProQuest Central, Management & Organization Studies, book, and governmental websites, that includes the SBA, and SAGE Premier.

I selected the theory of growth of firms as the conceptual framework for this study. Penrose (2009) covered in *The Theory of the Growth of the Firm*, in 1959, the productive opportunity of the firm, expansion through or without merger and acquisition, diversification, and the rate of growth of a firm. Kor, Mahoney, Siemsen, and Tan (2016) noted that the theory helped to develop the resources approach, and hence, considers the resource-based view of the firm in its approach. Penrose identified two modes of growth which are organic growth and acquisitive growth for expansion (Kor et al., 2016).

The theory of growth of firms is frequently cited in scholarly research and is worthy of academic research for the growth and expansion of a nonprofit business.

#### **3. Human Motivations**

Organizations are artificial beings that require human beings to run these firms on a daily basis. Grillitsch, Schubert, and Srholec (2019) in a study on processes that drive various forms of innovation to establish a relationship with firm growth involving small and medium-sized firms in Sweden, found that significant positive effects existed of the three knowledge types on firm growth and that even slow-growth firms benefited from the combination of knowledge bases. In another study to explore the influence of environmental challenges of business on the growth of informal business in Uganda, the researchers found that a significant negative relationship between the internal environment and the growth of informal business, but a significant negative relationship between external environment and the growth of the firm (Struwig, Krüger, & Nuwagaba, 2019). The internal environment of a firm is influenced by the human interactions therein. Castaño, Méndez, and Galindo (2016) highlighted that potential competition positively affects product innovation and indirectly affects internationalization of entrepreneurs in the service sector. Companies that have competent personnel and new technologies have more innovations and internationalize within their first year of operation, which in turn, positively affects business growth expectations.

There are additional growth factors that are associated with businesses. Powe (2018) highlighted that small- and medium-sized enterprises (SMEs) can be leading firms within low-income settlements and helped to stabilize but not revive their fortunes, while non-amenity factors like landscape; culture and heritage helped with the recruitment and retention of skilled workers. Hence, this could imply that the skilled workers revived the fortunes of the firms with amenity business growth.

# 4. Economic Principles

Business leaders use available resources for the running of business operations. Ramdani, Primiana, Kaltum, and Azis (2018) found that dynamic capability and supply chain management did not only influence business performance but also have a major impact on collaborative strategies by enhancing effectiveness, but that collaborative intelligence did not significantly influence business performance. Cyron and Zoellick (2018) conducted a study to challenge the dominant assumptions in business growth literature by considering post-growth economics as an organizational context characterized by natural resource scarcity and a lack of macro-level economic expansion. Cyron and Zoellick revised six assumptions and redefined business development based on the forces operating in the post-growth economies, which is characterized by the absence of macro-level economic expansion and scarcity of natural resources. Matalamäki, Vuorinen, Varamäki, and Sorama (2017) conducted a study to determine whether selected large companies grew by adapting to the situation and responding to market demands with their available resources or followed previously determined plans. Matalamäki et al. found that the companies grew by adapting the situation to market demands and previously developed plans.

Furthermore, in a study to examine the institutional determinants on the growth of SMEs using Kosovo as an emerging economy and country in transition based on international business perspective, the researcher

found that the barriers caused by low levels of professionalism and ethics of officials in institutions, as well as the frequent changes in complicated laws and regulations, have significant impact on increasing transaction costs which is a direct obstacle to the continued growth of SMEs (Peci, 2017). Organizations that want to grow via expansion need to use their resources to some extent.

The existing articles cover growth and expansion of businesses. The scope of operation of the businesses addressed in the articles is for large firms with financial muscles and established structures. Few research articles exist for growth and expansion of nonprofit firms. Hence, this research on strategies to grow and expand a nonprofit business is deemed necessary.

#### 5. Methodology

# 5.1. Research Method and Design

I used a qualitative research design to obtain rich data in this study. The research methodology is used to explore the research focus thoroughly (Rutberg & Bouikidis, 2018). The openness that comes with the use of qualitative methods helps researchers to access rich information from the participants' experiences. Qualitative methods reflect the actions, interactions, and rich understanding of experiences as well as beliefs of participants in a study (Coenen, Stamm, Stucki, & Cieza, 2012). I used qualitative research to explore the personal views of the participants.

Case study design is used to investigate a real-life phenomenon in-depth (Ridder, 2017). I chose the case study design because the case is of interest to gain a better understanding of issues. Researchers can explore issues and proffer solutions with case study design. Single-case study design enables researchers to have in-depth study and gain detailed understanding of a phenomenon, but multiple-case study design helps researchers to gain a broader understanding (Mukhija, 2010). The research design for this study was a single-case study design to gain an in-depth study and rich understanding of the research topic.

### 5.2. Participants

The participants in my study were senior leaders in the midwestern region who demonstrated the ability to grow and expand a nonprofit business. Qualitative researchers usually deal with a specific set of participants who are knowledgeable about the research topic (Elo et al., 2014; Sarma, 2015). The participants needed to have active employment as leaders in this nonprofit organization, knowledgeable about the operations of the business, and they must have recorded success at growing and expanding the business. The six senior leaders selected met the eligibility criteria for this study. I used purposive sampling technique to select the participants in this study. Researchers use a purposive sampling technique for participant selection and background that is related to the research topic based on their knowledge (Oppong, 2013).

To gain access to the participants, I spoke with one of the senior leaders of my client organization on several occasions to determine some of the organizational leaders who met the participation criteria and were involved in decision making involving the growth and expansion of the nonprofit business. Also, I obtained a signed service order agreement with the representative of the organization. The client's contact also helped me to schedule interview dates with each of the participants.

## 5.3. Ethical Consideration

I initiated the Institutional Review Board (IRB) preapproval process at the inception of this study. My IRB-issued approval number for use in this study is 05-29-19-0979372 and this signifies that my research request met specified requirements of IRB. I used the consent form with the service order provided by Walden University during the consulting capstone. The researcher must conduct the research ethically and abide by the principles of the Belmont Report protocol which are respect for persons, beneficence, and justice (National Commission for the Protection of Human Subjects of Biomedical and Behavioral Research, 1979). I followed the principle of respect for persons by ensuring that the participants were given confidential treatment and that they had the right not to respond to questions that they were not comfortable with as well as the right to withdraw from the interview.

#### 5.4. Data Saturation

Data saturation is one of the determinants of the quality of research (Fusch & Ness, 2015). Yin (2014) noted that data saturation occurs when there is no new data to include in a study. I achieved data saturation when I found that there was no new research data to collect. I assured data saturation in this study after interviewing five participants, reviewing company websites, and company documents.

## 5.5. Reliability and Validity

Reliability and validity are important in studies because researchers use them to assess the quality of a research. Reliability is the ability of a researcher to obtain the same results should the study be repeated (Morse, 2015). I ensured reliability in this study when I allowed participants to respond to the same questions. Also, I verified the accuracy of data collected when I reviewed documentary evidences, information from interviews, and other information from multiple sources. Dependability refers to the stability of data

(Houghton, Casey, Shaw, & Murphy, 2013). In this study, I maintained an audit trail to ensure dependability. I offered sufficient data and information on data collection and analysis. I also adopted methodological triangulation to satisfy the dependability criterion of rigor in qualitative research.

Validity refers to the accuracy of the data used for the research (Yilmaz, 2013). Bowen (2008) noted that dependability, transferability, credibility, and confirmability are criteria that must be examined in a qualitative research study to build the extent of trustworthiness of a study. I made detailed descriptions for readers to make informed decisions about whether the results of this study were transferable to other contexts in this research. To ensure credibility and confirmability in this study, I used methodological triangulation of the data I collected from participants' interviews and organizational documents to get a detailed view of the phenomenon and through member checking, ensured a reliable assessment of the findings. I emailed the interview responses and analyses to the participants and received positive responses from the five participants.

## 6. Results

Nonprofit organizations contribute significantly to the development of communities and their benefits to the public. In this study, I explored strategies that business leaders use to grow and expand a nonprofit business. The four themes that emerged were strategic planning, fundraising planning and strategy, resource and financial assessment, and team development and positive working conditions.

I used NVivo 12 to categorize, code, and analyze the data collected to identify themes from the interview transcripts. Yin (2014) noted that researchers use coding to identify themes from interview transcripts to ensure credibility, reliability, and validity. I compared the data analysis results with current literature to determine if the orientation themes as human motivations and economic principles assist leaders of a nonprofit enterprise to grow and expand their business. I transcribed the audio interviews for analysis for member checking.

## 7. Discussion and Conclusion

The results of this study contribute to positive social change by providing leaders of nonprofit organizations with strategies for growth and expansion of their business, which are needed for long-term survival. Growth and expansion strategies ensure long-term survival of nonprofit firms. The leaders of a nonprofit firm in this study noted that nonprofit leaders seeking growth and expansion need to engage in effective strategic planning cycle. An effective strategic planning cycle is comprised of focus or purpose determination, environmental scanning, definition of long-term objectives and short-term goals, definition of an implementation strategy, and evaluation and control of the resultant changes (Paradies, 2010; Roth, 2015). Fundraising planning and strategy are parts of the strategies the participants identified for growth and expansion of a nonprofit business. Sargeant and Shang (2017) noted that fundraising helps a nonprofit organization to achieve its mission and that a fundraising plan is made of three elements which are (1) where are we now? (2) Where do we want to be?, and (3) How are we going to get there?

Any nonprofit firm seeking to achieve its mission of making meaningful impact in the society must have an effective fundraising plan and strategy. Physical resource and financial assessment is another strategy leaders use to grow and expand a nonprofit business. Human resource is one of the physical resources that organizes other categories of resources to provide products. Assessments are needed for quality improvement in any organization (Gökalp & Demirörs, 2017). Leaders of nonprofit organizations need to be assessing their physical and financial resources continuously to continue to effect quality improvements within their firms.

Nonprofit business leaders use team development and positive working conditions as strategies to grow and expand their business. Team development and team performance are components of team effectiveness. Northouse (2016) highlighted that team effectiveness leads to effective use of resources, improved productivity, increased creativity, increased innovation, increased motivation, better problem solving, better decision making, and better quality products and services. Leaders of nonprofit organizations seeking growth and expansion or survival need to give team development a priority. Suprapto (2017) highlighted that team development leads to communication, collaboration, and effectiveness of work teams. Also, organizational performance improves when team effectiveness is combined with communication and cooperation in the workplace (Suprapto, 2017).

Furthermore, good working conditions influence employee morale. Positive working conditions cause employee job satisfaction, and this leads to employee loyalty (Böckerman & Ilmakunnas, 2019). Researchers have established a relationship between employee loyalty and organizational performance. Blanaru and Medeleanu (2017) noted that employee loyalty leads to outstanding organizational performance. These strategies align with some of the orientations, economic principles and human motivations, of the theory of growth of the firm.

In the future, I recommend researchers explore how business leaders use an alternative conceptual framework such as RBV to explore how nonprofit leaders use growth and expansion strategies to sustain their business into the foreseeable future. The use of the RBV may give a totally different perspective to the study. Also, researchers may consider the use of a multiple case study design to confirm the strategies that nonprofit

leaders use to grow and expand their business. The use of a multiple case study design will help researchers to gain a broader understanding of the topic.

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